

CMY Youth Leadership

Workshops for Schools

REVERB

A free 60-90 minute workshop designed and delivered by young people and CMY staff for young people, aimed to start the conversation and break down the stigma around mental health and wellbeing.



Positive Change Makers

90min, 3hr or 6hr workshops delivered to young people by CMY staff and Youth Facilitators. PCM offers over 15 modules that focus on being a leader and change maker in the community - including Introduction to Active Citizenship, Leadership and Understanding Differences.

ENVISION

Free information sessions offered to newly-arrived young people aged 12-25 years. Presented by CMY staff and Peer Facilitators, these workshops focus on personal insight, individual goal setting, developing new skills and helping young people achieve their aspirations.

 For enquiries, contact youthleadership@cmj.net.au