

REVERB

Professional Development workshops for the Mental Health Sector

Do you want to hear from multicultural young people about their experiences accessing mental health services? Do you want to better understand the stigma multicultural young people face around accessing mental health provision?

The professional development workshops address the under representation of multi cultural young people accessing mental health service provision.

The workshops are co-designed and co-delivered by CMY Youth Volunteers and CMY.

For more information or to book a REVERB Professional Development workshop, please contact:

Jess Case - Project Officer | 0475 400 883 | jcase@cmy.net.au

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What:

A 3.5 hour professional development workshop to address the under representation of multicultural young people accessing mental health services. The young people will share their lived experiences alongside best practice cultural responsive approaches to promote accessible mental health service provision.

Who:

Our workshops are co-designed and facilitated by youth volunteers from culturally and linguistically diverse backgrounds, who are trained in facilitation, have lived experiences in accessing mental health services, and have understanding of cultural nuances when discussing mental health in their communities.

Included:

Youth facilitators and CMY Staff.

Workshop materials and resources will be provided by CMY.

The Professional Development workshops are fully funded. There is no cost to you or your organisation.

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